

TotalRank	Num	Name	Sex	Time
<b>10K Run 2016</b>				
1	237	Vincent McAllister	m	35:33
2	386	Martin McVeigh	m	35:41
3	384	Aidan Ohagan	m	36:14
4	436	Brian Taggart	m	36:27
5	378	Paul Conway	m	36:42
6	374	Fergal O'Neill	m	37:38
7	233	Declan Coney	m	37:57
8	157	Julian Carolan	m	38:06
9	239	Bosco Lyons	m	38:17
10	164	Pauline McGurran	w	38:34
11	253	Dermot McCabe	m	38:42
12	470	Enda Daly	m	38:46
13	442	Tom OKane	m	39:37
14	192	Ryan Dooey	m	39:52
15	475	Brendan Gildernen	m	39:57
16	491	Ed Morgan	m	40:14
17	235	Damian Galvin	m	41:04
18	492	Shane Dillon	m	41:05
19	359	Fintan McGuckin	m	41:12
20	471	Pat Groogan	m	41:18
21	248	Paul Hartley	m	41:23
22	487	Tony Quinn	m	41:52
23	358	John Paul McGuckin	m	41:57
24	356	Mark Devlin	m	41:59
25	159	Michael Quinn	m	42:11
26	486	Gareth Donnelly	m	42:16
27	355	Raymond Thon	m	42:42
28	195	Ruairi Martin	m	42:49
29	443	Kevin Darragh	m	42:52
30	189	Joe Coyle	m	43:18
31	191	Paddy Lyons	m	43:18
32	385	Kevin Conway	m	43:23
33	353	Niall Hassen	m	43:23
34	476	Shane Hurrell	m	43:25
35	370	Burke Michael	m	43:28
36	482	Martin Daly	m	43:40
37	462	Gareth Burns	m	43:51
38	463	Sean Boyle	m	43:51
39	456	Jason O'Neill	m	44:08
40	483	Glenn Murphy	m	44:17
41	465	Elaine McGuckin	w	44:30
42	379	Malachy McLernon	m	44:30
43	243	Philip Jackson	m	44:43
44	388	Brendan Carty	m	44:54
45	198	Leon McKee	m	45:22
46	464	Damian Bell	m	45:31
47	363	Katrina Clifton	w	45:34
48	383	Ryan O'Neill	m	45:37
49	160	Canice Nicholas	m	45:49
50	165	Matthew Bell	m	45:50
51	457	Bruce Hunt	m	45:54
52	474	Damien McCafferty	m	45:54
53	387	Angela O'Neill	w	46:04
54	380	Fergal Donnelly	m	46:15

TotalRank	Num	Name	Sex	Time
<b>10K Run 2016</b>				
55	468	Maurice Corrigan	m	46:26
56	389	Nicole Gillespie	w	46:31
57	447	Dermot Mitchel	m	46:33
58	222	Damian Oboyle	m	46:37
59	453	Roddy Mcivor	m	46:37
60	438	Martin Dorman	m	46:44
61	481	Colm Rafferty	m	46:48
62	382	Niall Devlin	m	46:52
63	439	Brian Dorris	m	46:59
64	241	Martin Ferguson	m	47:07
65	199	Tiarnan O'Neill	m	47:50
66	360	Raymond Kelly	m	48:14
67	193	Fergal lavery	m	48:14
68	244	Sean McAtasney	m	48:24
69	190	Willie Lyons	m	48:31
70	390	Joanne Taggart	w	48:36
71	162	Aileen Murson	w	48:37
72	469	John Knocker	m	48:47
73	194	Mark Devlin	m	48:53
74	472	Sarah Hughes	w	48:59
75	371	Sean Dillon	m	49:01
76	249	Rosemary Hargan	w	49:05
77	365	Rowan Park	m	49:34
78	250	Gavin Quinn	m	50:26
79	497	Emma Coney	w	50:28
80	377	Shauna Young	w	50:41
81	236	Brian Young	m	50:41
82	499	Malachy Coyle	m	50:49
83	366	Oisin Campbell	m	50:54
84	448	Fergal Bloomer	m	51:18
85	381	Laura Murphy	w	51:24
86	158	Laura Quinn	w	51:34
87	364	Dave Clifton	m	51:40
88	372	Gerard Henry	m	51:47
89	376	Michael Campbell	m	52:19
90	357	Emmet Hurl	m	52:20
91	490	Martin Loughran	m	52:29
92	459	Mark Malloy	m	52:47
93	461	Sean Gillespie	m	52:49
94	196	Sean Lavery	m	52:50
95	197	Justin McErlaine	m	52:50
96	479	Sean Hagan	m	52:54
97	480	Peter Teague	m	53:04
98	163	Stiotan Macaonnaith	m	53:22
99	466	Brendan Nelis	m	53:22
100	226	Lucy ONEILL	w	53:36
101	373	Declan McCloskey	m	53:57
102	484	Carol Fee	w	53:57
103	467	David Hanna	m	54:07
104	494	Derdrie Wylie	w	54:09
105	478	Patsy-Ann Higgins	w	54:26
106	477	Paul Higgins	m	54:27
107	495	Michael Ohare	m	54:29
108	500	Gary Martin	m	54:37

TotalRank	Num	Name	Sex	Time
<b>10K Run 2016</b>				
109	445	Shay Mclearn	m	54:41
110	161	Conor McLernon	m	54:52
111	437	Majella McConville	w	55:22
112	200	Danny McVeigh	m	55:43
113	361	Fionualla Kelly	w	55:44
114	451	Michelle Murphy	w	56:03
115	446	Fiona Atkinson	w	56:22
116	188	Louise kelly	w	56:22
117	217	Kevin McErlean	m	56:25
118	362	Gavin OHagan	m	56:25
119	473	Dominic Fanthorpe	m	56:45
120	166	Eithne Oneill	w	57:13
121	186	Caroline Oneill	w	57:13
122	460	Gerard Heatley	m	57:16
123	440	Caoimhe Okane	w	57:32
124	441	Mairead OKane	w	57:32
125	458	Catherine Malloy	w	58:03
126	452	Pat Mallon	m	58:39
127	496	Caitlin McGuiugan	w	59:44
128	444	Fergal Mclearn	m	59:51
129	369	Kathleen Deeny	w	1:01:07
130	368	Colete Donnelly	w	1:01:08
131	489	Mario Cedro	m	1:01:11
132	488	Colly Gallagher	m	1:01:12
133	218	Dermot Fee	m	1:01:23
134		No Details	m	1:01:38
135	354	Paul Cassidy	m	1:01:54
136	187	Daragh Sheilds	m	1:02:55
137	224	Tom Halferty	m	1:04:32
138	455	Karl Farquar	m	1:07:08
139	454	Sandra Quinn	w	1:07:08
140	449	Gerry Quinn	m	1:08:38
141	450	Stephen Quinn	m	1:08:39
142	485	Malachy O'Neill	m	1:11:27